



elevating your self confidence.

After Appointment Instructions

Please follow the instructions below to ensure proper healing and optimal results. Keep in mind that your brows will appear darker and more defined after the procedure. Through healing, the color softens and becomes more natural. Final results are not determined until AFTER you're healed from your touch up. A perfecting touch up 6-12 weeks following your initial appointment is essential to your microblading because it refreshes the color, and we touch up areas that didn't take as well in the first appointment (this is completely normal and part of the process.) Failure to follow post treatment instructions may cause loss of pigment, discoloration, and/or infection. Healing on AVERAGE is 14 days, BUT the healing process will be however long it takes YOU to heal. Each person heals differently. With that being said, it is possible for you to finish before 14 days or possibly take longer than 14 days.

AFTER APPOINTMENT INSTRUCTIONS

Wash within four hours of getting your brows done. Then wash morning and night for seven days with provided cleanser. Only use cool water to rinse. Pat dry with paper towel gently. Apply ointment 2x daily for two weeks. There should be enough soap & ointment for first & second appointment.

Days 1-7 (2x per day)

1. Soap
2. Rinse
3. Pat dry
4. Ointment

Days 8-14 (2x per day)

1. Ointment

DO NOT (two weeks)

Direct sun exposure, sweating, sauna, hot tub, pool, ocean, picking/scratching, sleeping on side/face, hot/steamy water, products/makeup in/on brows, pet hair/dander/saliva, towels/anything abrasive on brows (*wash cloth, clothes, etc.*)

DO NOT (ever)

Anti-aging or acne products (*retinol, glycolic acid, salicylic acid*), exfoliants, waxing on microbladed area, sun exposure without SPF – all will cause quick fading/change color

AFTER YOUR APPOINTMENT

During the microblading process, the microblading artist is creating hair-like strokes and filling them with pigment. There is nothing holding that pigment in your skin until it has healed over. With that being said, if too much water gets in your brows, it will wash the pigment out. You will still proceed with the healing process, but you will not have your microblading at the end of it. Be extremely careful when washing your hair and your face. If you can avoid streaming water & shampoo/conditioned getting in your brows, you can shower normally. Avoid too much heat/steam, as it will open your pores, loosen your scabs/flakes before they're ready, etc. No sweating is allowed during your healing process. You have sweat glands directly underneath your microblading; if you are sweating, it will push the pigment out. Sweat (while the microblading is healing) will also alter the color of the pigment.

For the first few days your microblading will appear darker and bigger. Note that this is nothing to be concerned about because it is completely normal and part of the process. If aftercare instructions are followed properly, you should experience little-to-no scabbing. If scabbing occurs, do not pick the scabs. If you pick the scabs, you will pull pigment out. I will be able to tell if scabbing has been picked. Light flaking is normal, but it should be minimal if aftercare is followed.

You'll want to sleep on your back as much as possible so that you're not potentially rubbing pigment out. If this happens, it will reduce your retention.

Stay out of the sun and keep your brows covered from the sun during the healing process. After you are done healing you'll want to regularly apply 50 SPF when outside to reduce the risk of fading or color changing.

Do not rub the procedure area while it is healing, pigment may be removed prematurely along with scabbing. If the area itches, as is normal with healing, you may lightly tap the area for relief with a clean finger.

Avoid makeup, brow tints and facial treatments until you are healed. After the healing process is complete, you can shower normally, sweat and even fill your brows in if needed.

Following the healing process, you may notice that your eyebrows appear extremely light. This is completely normal, give it an additional 2-4 weeks, and the color will slowly come back.

If you have pets please do not let them lick your brows, put their fur in your face, or let them paw your brows.

What is considered normal after the procedure?

- Some redness or swelling around the eyebrows
- Some tenderness of your eyebrows that may last a couple of days
- Scabbing of the eyebrows that may last up to 7 days
- Peeling and flaking of the skin

Signs and symptoms that you may have an infection:

- Odor coming from the eyebrows
- Rash or colored discharge (may be a greenish/brownish color)
- Tenderness when touching beyond the first couple of days following the procedure
- Redness and swelling on and around the procedure site beyond the first couple of days
- Elevated body temperature

*If you experience symptoms of infection or adverse reaction, **seek medical attention immediately.***

IMPORTANT INFORMATION

- You may or may not be allowed to donate blood for one year following procedure depending on your state
- Results are not guaranteed. Results depend on following proper aftercare, each client's skin and how quickly the body metabolizes the pigment

SUMMARY

NO:

- Sun (*direct sunlight*)
- Sweating
- Swimming
- Saunas
- Facial Treatments
- Sleeping on side/stomach
- Bacteria (*dirty hands, pets, etc.*)
- Streaming water (*careful in shower & when washing face*)
- Make-up on brows (*careful of makeup applied around brows, especially powdered products*)
Rubbing, wiping, itching brows
- If scabbing, flaking occurs: **DO NOT PICK SCABS OR FLAKES**
- Careful to not be too expressive with your face/brows, as it will pull at the scabs/flakes before they are ready to fall off on their own
- Careful when getting dressed
- Avoid towels, washcloths, or anything else abrasive on brows

LONG-TERM (FOR THE LIFE OF YOUR MICROBLADING)

- Apply SPF 30+ to your brows any time you are in the sun
- Avoid anti-aging and anti-acne products on or near your brows
- Avoid exfoliating brow area (*will promote cell turnover & will fade your microblading quicker*)
- Make anyone providing waxing, facials, etc. aware of your microblading so they can avoid the area and avoid use of harmful products on the area



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